

## **Profitraining Basel Hygiene Concept Measures From June 8st on**

First of all: We count on self responsibility from all. The teacher is our guest, the studio angel will help you to remember the following rules:

- Don't come if you feel ill.
- In case of confirmed infection after a Profitraining visit, please inform us.
- No accompanying persons.
- Disinfect your hands upon arrival.
- Official recommendation is 1 dancer per 10m<sup>2</sup>, being: 10 dancers in Semiramis, 12 in Chronos. We won't be over-strickt and try without registration in advance.
- Keep distance (2m) before, during and after the class; no hugging, contact impro, partnering.
- If possible, come in your training clothes. In Semiramis the showers can't be used. Keep your stay in the dressing rooms short.
- Bring your own water bottle and take it home after class (also if disposable)
- Make sure the studio angel has your name on the attendance list of the day. If your contact details changed in the last few years (tel/Email), send us an update.
- Bring the correct amount of money so the payment can happen with as little contact as possible.
- Follow the instructions of the studio angels about when and where to enter/exit the studio. In Semiramis there are often classes happening before or after the Profitraining.
- Enjoy! Dance! Train...sweat...move big...eat the space...be social, self disciplined, take responsibility for yourself and the others, ENJOY!