

# CHRONOS MOVEMENT

# Stunden- und Belegungsplan

|       | Montag  | Dienstag  | Mittwoch   | Donnerstag   | Freitag   | Samstag  | Sonntag |
|-------|---|---|--|--|---|--|---------|
| 9:00  |   |   |  |  | 09:00-10:30<br><b>Contemporary Basic</b> A.W.           |  |         |
| 10:00 |   |   | 10:00-12:00<br><b>Balancing alignment®</b> K.A.                            |  |   |  |         |
| 11:00 | 10:30-11:30<br><b>Bewegungstraining 60+ nach der Franklin-Methode®</b> C.C. | 10:30-12:00<br><b>Heart of Yoga</b> S.D.                                  |  | 11:00-12:30<br><b>Profitraining Ballett III</b> Kontakt D.C. | 11:00-12:30<br><b>Profitraining Modern</b> Kontakt D.C. | 11:00-12:30<br><b>Profitraining Ballett III</b> Kontakt D.C. |         |
| 12:00 |   | 12:00-13:30<br><b>Butoh/Souldance</b> S.D.                                |  |  |   |  |         |
| 13:00 | 12:15-13:45<br><b>Ballett für erwachsene AnfängerInnen</b> L.M.             |   |  |  |   |  |         |
| 14:00 |   |   |  | 13:45-14:30<br><b>Kreativer Kindertanz 4-6J.</b> S.L.        |   |  |         |
| 15:00 | 14:00-16:00<br><b>Balancing alignment®</b> K.A.                             | 14:30-15:45<br><b>Dance for Parkinson</b> P.R.                            |  |  |   |  |         |
| 16:00 |   |   | 15:20-16:40<br><b>Ballett für Jugendliche und Erwachsene Anfänger</b> L.M. |  |   |  |         |
| 17:00 |   |   |  | 16:25-17:55<br><b>Movement Skills</b> K.A.                   |   |  |         |
| 18:00 | 17:00-17:50<br><b>Tanz &amp; Improvisation für Kids 9-11J.</b> MTD          | 16:55-17:55<br><b>Stretdance Hip Hop für Kids &amp; Teens 12-16J.</b> MTD | 17:00-18:30<br><b>Ballett Einfach</b> L.M.                                 |  |   |  |         |
| 19:00 | 18:15-19:45<br><b>Flowmotion</b> C.C.                                       | 18:15-19:45<br><b>Modern Jazz Training I-II</b> C.C.                      |  | 18:00-19:30<br><b>Ballett intermediate</b> L.M.              | 18:15-19:45<br><b>Zeitgenössischer Tanz</b> R.W.        |  |         |
| 20:00 |   |   | 19:30-21:00<br><b>Modern-Class Advanced</b> M.A.+P.R.                      | 19:45-21:45<br><b>Balancing alignment®</b> L.M.              |   |  |         |
| 21:00 | 20:00-21:15<br><b>Basis Tanztraining</b> C.C.                               | 20:00-21:30<br><b>Contemporary I</b> P.R.                                 |  |  |   |  |         |
| 22:00 |   |   |  |  |   |  |         |

|                     |      |   |                 |                 |                              |
|---------------------|------|---|-----------------|-----------------|------------------------------|
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14. August 2017



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